

# *A Summary of Long-term Care Costs in Minnesota*

## **Assisted Living**

- Rent in Minnesota can cost between \$1500 and \$4000 per month based upon criteria such as single or double room and the building's amenities or services offered. This typically includes two meals and light housekeeping.
- Residents pay for additional home care services either incrementally or as a package. This typically increases the total costs to between \$3,000 and \$7,500 per month based on each individual's needs and the services or packages that they select for additional care or assistance.
- The average Minnesota assisted living resident, in a one-bedroom apartment, is paying \$3,700 per month (Genworth Financial – 2008 cost of care survey) and receives approximately two hours of direct care each day.

## **Nursing Home**

- Monthly costs can range from \$4,100 to \$11,160 based on single or double room, level of care, and facility amenities.  
(2007 Business Journal article: Top 25 Nursing Homes)
- 32% of nursing home residents are classified as private-pay, meaning they are paying out of pocket or by way of long term care insurance.  
(AARP: 2006 Profiles of Long-term Care in MN)
- The average private-pay nursing home resident in Minnesota is paying \$6,000 per month and receives about 3.6 hours per day of direct care.  
(Genworth Financial 2008 Cost of Care Survey)

## **Home Care**

- A personalized and transparent monthly cost.
- Between \$19-\$30 per hour for Home Management/Registered or Class B-licensed home care agencies. They can provide more assistance than actual “hands-on” care. (E.g. meal preparation, housekeeping, rides, medication reminders, etc.)
- Between \$26-\$30/hour for Class A-licensed agencies. They can provide hands-on care similar to that provided in a nursing home. Registered Nurses also supervise care every 14 days and do care management. (E.g. meal preparation, housekeeping, rides, medication administration, bathing and personal care, check vital signs, mobility assistance, catheter care, tube feedings, consult with physicians, etc.)
- An example of home care costs:
  - 3-hour visits, 4-days per week, \$27/hour = \$1,296 per month
  - 4-hour visits, 7-days per week, \$27/hour = \$3,294 per month
  - 24-hour or live-in care (nursing home-level of care), \$275/day = \$8,500 per month.  
This includes a live-in caregiver and frequent visits from an R.N